

BREAKFAST

Greens Pie 7.50 
greens and herbs baked in a chickpea custard, with cashew tzatziki and harissa

Breakfast Burrito 7.50 
eggs or beans with roasted sweet potatoes, veggies, cashew cream and green chile

Frittata Special 8.25 
featuring seasonal veggies, with side salad

Cashew Yogurt with Granola + Fruit 7.25 

Everyday Granola with Nut Milk 6.25 

SMALL PLATES, SOUP + SIDES

House Made Baked Goods
Ask what's available today!

Veggies + Spreads Nosh Plate 9.25 
two spreads, veggies, olives, nuts, bread

Soup of the Day
cup 3.95 bowl 5.25

Kale + Collards 4.50  

Roasted Veggies 4.50  

Avocado 3.50
Poached Chicken 4.25
Steamed Egg 1.50
Savory Cashew Butter 1.50

SANDWICHES + WRAPS

Choice of whole grain bread or wrap
Sub for GF bread, GF bun, collard leaf +2
With sunflower slaw or sweet potatoes

Juice Burger 11.95 
our hearty house-made veggie burger with juice pulp, sweet potatoes, black beans and seeds on whole grain bun
Served with house-made spicy beet ketchup and cashew mustard cream

Juice Burger Deluxe 13.25 
our veggie burger with avocado, green chile and crispy onions

Golden Lentil 10.45 
with sauteed peppers and onions, greens, tomatoes and cashew tzatziki

Big Green 10.25 
avocado, apple, cucumber, greens and lemon-parsley-almond pesto

Chipotle Barbeque Chicken 13.95 
with avocado, creamy sunflower slaw and crispy onions on whole grain bun

Curry Chicken + Roasted Cauliflower 12.25
with NM pecans and currants in creamy cashew sauce

Seasonal Hummus 9.95 
our hummus with mixed veggies

Herbed Egg Salad 11.25
with fresh greens and sprouts in cashew dressing

COOL SALADS

Add avocado +1.50, poached chicken +3, steamed egg +1.50, cashew butter +1.50

Verde House Salad 11.95 
mixed greens with avocado, boiled egg, juice pulp chimichurri and veggies with herb citronette

Kale Quinoa Cherry 10.45 
with dried tart cherries, toasted almonds and savory cashew butter with lemon dressing

Sin Fronteras 10.95 
local beans and roasted sweet potatoes, topped with pico de gallo, pepitas and cashew cream

Curry Chicken + Greens 12.75
with cracker and lemon dressing

Herbed Egg Salad + Greens 11.25
with cracker and herb citronette

Simple Side Salad 4.25  

Please ask about seasonal specials.

 **vegan**
 **nut-free**
 **gluten-free**

Most of our menu items are, or can be made, gluten-free.

We take food sensitivities seriously. Please let us know if you have any dietary concerns.

WARM BOWLS

Add avocado +1.50, poached chicken +3, steamed egg +1.50, cashew butter +1.50

Roasted Mixed Veggies + Greens 10.45  
topped with crispy onions and toasted sunflower seeds, choice of sauce

Tahini Lentils + Quinoa 11.50 
with quinoa, roasted carrots, tomatoes, olives and almonds over fresh greens with tahini sauce and harissa

East by Southwest 12.95  
roasted sweet potatoes, kale, beans, kimchi, black rice and Colorado quinoa, with red chile tahini sauce

Smoky BBQ Chicken 13.95 
over black rice, steamed greens and creamy slaw topped with crispy onions

Verde.

Organic Cafe - Midtown
851 W San Mateo | 505.780.5151

Grab-and-Go - Historic Plaza
105 E Marcy St | 505.983.8147
verdefood.com

Making Nutritious, Delicious.

We are dedicated to organic and nutritious foods without compromise. Our food is made from scratch, using only whole ingredients. We support local farming and strive for zero-waste every day.