

BREAKFAST

Greens Pie 7.50

260 calories • 11g protein
greens and herbs baked in a chickpea custard, with cashew tzatziki and harissa

Breakfast Burrito 7.50

490 calories • 11g protein
eggs or beans with roasted sweet potatoes, veggies, cashew cream and green chile
available as a gluten-free bowl!

Cashew Yogurt with Granola + Fruit 7.25

420 calories • 13g protein
house-made dairy free yogurt and nut-free granola with seasonal fruit

SOUP + SIDES

Soup of the Day
cup 3.95 bowl 5.25

Kale + Collards 4.50  

Roasted Veggies 4.50  

Avocado 3.50

Poached Chicken 4.25 

Barbeque Chicken 4.50 

Steamed Egg 1.50

Savory Cashew Butter 1.50 

SANDWICHES + WRAPS

Served with sunflower slaw or herbed sweet potatoes and signature pickle.

Juice Burger 11.95

480 calories • 17g protein
our hearty house-made veggie burger with juice pulp, sweet potatoes, black beans and seeds on whole grain bun (sub GF +2)
Served with house-made spicy beet ketchup and cashew mustard cream

- **Deluxe 13.25**
with avocado, NM green chile, and crispy onions
- **Smoky BBQ 13.25**
with chipotle beet barbeque sauce, avocado and crispy onions

Tzatziki Lentil Wrap 10.45

500 calories • 16g protein
with spiced lentils, sauteed peppers and onions, spinach, tomatoes and cashew tzatziki on whole wheat wrap

Chipotle Barbeque Chicken 13.95

585 calories • 37g protein
with avocado, tangy sunflower slaw and crispy onions on whole grain bun

BOWLS

Roasted Mixed Veggies

+ Greens 10.45

420 calories • 10g protein
topped with crispy onions, sunflower seeds, choice of sauce

Powerbowl 11.50

630 calories • 25g protein
with quinoa, roasted carrots, tomatoes, olives and almonds over fresh greens with tahini sauce and harissa

East by Southwest 12.95


790 calories • 28g protein
roasted sweet potatoes, kale, beans, kimchi, black rice and Colorado quinoa, with red chile tahini sauce and sunflower seeds


Smoky BBQ Chicken 13.95

500 calories • 36g protein
over black rice, sauteed greens and tangy sunflower slaw topped with crispy onions

Kid's Bowl 5.50

choice of 4 items plus sauce

 **vegan**

 **nut-free**

Most of our menu items are, or can be made, gluten-free.

We take food sensitivities seriously. Please let us know if you have any dietary concerns.

SALADS

Modern Cobb 11.95

450 calories • 9g protein
mixed greens tossed with herb citronette and topped with avocado, boiled egg, juice pulp chimichurri and veggies

Kale Quinoa Cherry 10.45

320 calories • 8g protein
with dried tart cherries, toasted almonds and savory cashew butter, tossed in lemon dressing

Curry Chicken + Greens 12.75

468 calories • 31g protein
with seeded cracker and lemon dressing

Please ask about seasonal salad specials

Verde.

Organic Cafe - Midtown
851 W San Mateo | 505.780.5151

Grab-and-Go - Historic Plaza
105 E Marcy St | 505.983.8147
verdefood.com

Making Nutritious, Delicious.

We are dedicated to organic and nutritious foods without compromise. Our food is made from scratch, using only whole ingredients. We support local farming and strive for zero-waste every day.

COFFEE, TEA, ETC.

Cold-Brewed Coffee 3.00

Drip Coffee 2.50 Free refills!

Café Au Lait 4.50

Iced Horchata Latte 3.10

Iced Black or Green Tea 1.50

Immuni-Tea 5.75

Hot chamomile tea with our immunity shot to soothe what ails you!

Hot Tea cup 2.25 pot 4.95

House Chai, Black, Green, Detox, Hibiscus, Mint Chamomile Lavender, Chamomile

SUPERFOOD LATTES

12oz 5.25

Matcha Spirulina

earthy, herbal and super-green

Spicy Maca Cacao

a rich pick-me-up with a bite

Turmeric Black Pepper

smooth, calming and floral

HOUSE-MADE MILKS

Almond or Cashew Milk 6.00

served cold or steamed

Maple Almond Steamer 4.50

served warm

Iced Tiger Nut Horchata 4.75

COLD-PRESSED JUICE

Tropical Bliss 7.95

pineapple, orange, mint

Immune Booster 6.75

carrot, pineapple, orange, ginger, mint, lemon

Power Greens 5.25 | 7.50 | 11.50

kale, parsley, cucumber, celery, lemon

Roots Juice 6.75

carrot, ginger, turmeric, lemon

SODAS + SPRITZERS

Pineapple Italian Soda 2.95

tropical bliss, almond milk and sparkling water over ice

Roots Juice Spritzer 1.95

roots juice and sparkling water

Sweet Green Cooler 1.95

tropical bliss, power greens, sparkling water

FIND VERDE PRODUCTS IN MORE LOCATIONS!



SIGNATURE JUICE BLENDS

16oz 8.50 12oz 6.75 8oz 5.25

Verde Almond Chai

house-made almond milk, kale, black tea, banana, wheatgrass, local honey, house-blend spices

Apple Cleanse

cucumber, apple, beet, celery, wheatgrass, lemon

Green Goddess

pineapple, kale, spinach, carrot, wheatgrass, parsley, lemon, chia seeds, pumpkin seeds

Spicy Sunrise

carrot, beet, orange, cucumber, apple, ginger, lemon, flax seeds, pumpkin seeds, cayenne

Spring Green

cucumber, apple, orange, kale, spinach, pineapple, parsley, almonds, lemon

Golden Milk

house-made coconut milk, carrot, ginger, turmeric, banana, flax seeds, pumpkin seeds

Hydrating Sweetness

apple, cucumber, spinach, kale, carrot, celery, parsley, lemon, chia seeds

Rainbow Blitz

carrot, cucumber, spinach, kale, apple, parsley, ginger, almonds, lemon, chia seeds, pumpkin seeds

Maple Lemon Aid

green tea, apple, lemon, maple, chia seeds, flax seeds, cayenne

Beet Mocha

house-made NM pecan milk, beet, cold-brewed coffee, raw cacao, local honey

JUICE FLIGHT 9.50

Try six 3oz samples of our most popular blends and learn more about the health benefits and ingredients! Great for sharing.

Just a few of the retailers who stock Verde juice products:

Santa Fe: La Montañita Co-op,

Kaune's, Albertson's

ABQ: All La Montañita Co-ops

Taos: Cid's, Taos Market

Dixon: Dixon Co-op

Los Alamos: Los Alamos Co-op

See full list on verdefood.com

Let us know where else you'd like to see our products: info@verdefood.com

What is Cold-Pressed Juice?

Cold-pressed juice is the highest quality juice available, made by grinding fruits and vegetables into a pulp at a low RPM and then squeezing the juice from the pulp under 2,000 pounds of pressure.

Our juice is made in a hydraulic cold-press and never undergoes extreme conditions. It isn't heated up, or shredded by a high-speed blade and air isn't blasted through it. Heat and oxidation caused by other juicing methods kill live enzymes and destroy sensitive micronutrients, especially the phytonutrients found in leafy green vegetables.